

AMENDMENTS TO THE CLAIMS

This listing of claims will replace all prior versions and listings of claims in the application:

LISTING OF CLAIMS:

1. (Currently amended) A composition for a sustained improver of muscular fatigue, which consists of leucine, isoleucine, valine, glutamine and a whey protein component.
2. (Currently amended) A composition for a sustained improver of muscular fatigue, which ~~comprises, as active ingredients, consists essentially of~~ leucine, isoleucine, valine, glutamine and a whey protein component.
3. (Currently amended) The ~~improver composition~~ according to claim 1 or 2, wherein the whey protein component is whey protein and/or a decomposition product of whey protein.
4. (Currently amended) The ~~improvercomposition~~ according to claim 3, wherein the whey protein is at least one selected from the group consisting of a whey protein isolate, a whey protein concentrate, β-lactoglobulin, and α-lactalbumin.
5. (Currently amended) The ~~improvercomposition~~ according to claim 1 or 2, which comprises leucine in an amount of 10 to 30 parts by weight, isoleucine in an amount of 5 to 15

parts by weight, valine in an amount of 5 to 15 parts by weight, glutamine in an amount of 5 to 15 parts by weight, and the whey protein component in an amount of 75 to 25 parts by weight.

6. (Currently amended) The ~~improve~~composition according to claim 1 or 2, which comprises leucine in an amount of 20 parts by weight, isoleucine in an amount of 10 parts by weight, valine in an amount of 10 parts by weight, glutamine in an amount of 10 parts by weight, and the whey protein component in an amount of 50 parts by weight.

7. (Currently amended) The ~~improve~~composition according to claim 6, wherein the whey protein component is a decomposition product of whey protein.

8. (Currently amended) A food or drink for sustained improvement of muscular fatigue, which ~~comprises, as an active ingredients,~~consists essentially of leucine, isoleucine, valine, glutamine and a whey protein component.

9. (Original) The food or drink according to claim 8, wherein the whey protein component is whey protein and/or a decomposition product of whey protein.

10. (Original) The food or drink according to claim 9, wherein the whey protein is at least one selected from the group consisting of a whey protein isolate, a whey protein concentrate, β -lactoglobulin, and α -lactalbumin.

11. (Original) The food or drink according to any one of claims 8 to 10, which comprises leucine in an amount of 10 to 30 parts by weight, isoleucine in an amount of 5 to 15 parts by weight, valine in an amount of 5 to 15 parts by weight, glutamine in an amount of 5 to 15 parts by weight, and the whey protein component in an amount of 75 to 25 parts by weight.

12. (Previously Presented) The food or drink according to any one of claims 8 to 10, which comprises leucine in an amount of 20 parts by weight, isoleucine in an amount of 10 parts by weight, valine in an amount of 10 parts by weight, glutamine in an amount of 10 parts by weight, and the whey protein component in an amount of 50 parts by weight.

13. (Previously Presented) The food or drink according to claim 12, wherein the whey protein component is a decomposition product of whey protein.

Claims 14-15. (canceled)

16. (Currently amended) A method of sustainably improving muscular fatigue sustainably, which comprises administering a composition consisting of leucine, isoleucine, valine, glutamine and a whey protein component to a subject in need of sustained improvement of muscular fatigue.

17. (New) A method of sustainably improving muscular fatigue, which comprises administering a composition consisting essentially of leucine, isoleucine, valine, glutamine and a whey protein component to a subject in need of sustained improvement of muscular fatigue.

18. (New) The method according to claim 16 or 17, wherein the whey protein component is whey protein and/or a decomposition product of whey protein.

19. (New) The method according to claim 18, wherein the whey protein is at least one selected from the group consisting of a whey protein isolate, a whey protein concentrate, β -lactoglobulin, and α -lactalbumin.

20. (New) The method according to claim 16 or 17, which comprises leucine in an amount of 10 to 30 parts by weight, isoleucine in an amount of 5 to 15 parts by weight, valine in an amount of 5 to 15 parts by weight, glutamine in an amount of 5 to 15 parts by weight, and the whey protein component in an amount of 75 to 25 parts by weight.

21. (New) The method according to claim 16 or 17, which comprises leucine in an amount of 20 parts by weight, isoleucine in an amount of 10 parts by weight, valine in an amount of 10 parts by weight, glutamine in an amount of 10 parts by weight, and the whey protein component in an amount of 50 parts by weight.

22. (New) The method according to claim 21, wherein the whey protein component is a decomposition product of whey protein.
23. (New) The method according to claim 17, wherein the composition is administered in the form of a food or drink.